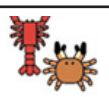
the adamson
restaurant & bar

The Adamson Allergen Reference Spring Menu 2017

	celery	gluten	crusta-ceans	eggs	fish	lupin	milk	mollusc	mustard	nuts	peanuts	sesame seeds	soya	sulfur dioxide
☑ in dish t trace amounts														
main menu														
nibbles														
baked cornbread		☑			☑		☑			t	t	t		☑
olives & s&p cashew nuts										☑	☑	☑		☑
starters														
rock oysters		☑						☑		☑	t	t		☑
soup	☑	☑					☑							
salmon		☑			☑		☑			☑	t	t		☑
scallops							☑	☑						☑
beetroot														
chicken & foie gras		☑					☑			t	t	t		
mussels		☑					☑	☑		t	t	t		
roast parsnip risotto							☑							☑
pea & mint gnocchi		☑		☑			☑			t	t	t		
house salad							☑			☑	t	t		
the grill														
burger		☑		☑			☑		☑	t	t	t		
flat iron	red wine peppercorn			béarnaise			béarnaise peppercorn							
ribeye	red wine peppercorn			béarnaise			béarnaise peppercorn							
sirloin	red wine peppercorn			béarnaise			béarnaise peppercorn							
fillet	red wine peppercorn			béarnaise			béarnaise peppercorn							
côte de boeuf	☑	☑		☑	☑		☑			t	t	t		☑
sunday roast	red wine	☑		☑			☑			t	t	t	t	☑
mains														
chicken	☑	☑		☑			☑		☑	t	t	t		
duck	☑						☑							
chicken salad							☑			☑	t	t		
lamb loin	☑						☑							☑
cod	☑	☑			☑		☑			t	t	t		
hake	☑				☑		☑	☑						
sea trout					☑		☑							☑
sides														
rocket & parmesan							☑							
house salad							☑			☑	t	t		
caesar salad		☑		☑	☑		☑			t	t	t		☑
onion rings, truffle & parsley										t	t	t		
macaroni cheese		☑		☑			☑			t	t	t		
savoy cabbage & sweetcorn							☑							
snow peas & asparagus							☑							
truffle fries										t	t	t		
hand cut chips										t	t	t		
skinny fries										t	t	t		

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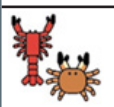
☑ in dish t trace amounts														
daily menu														
calamari		☑		☑	☑		☑			t	t	t		☑
steak sandwich		☑					☑			t	t	t		
smoked haddock risotto				☑	☑		☑							
chicken cornbread		☑					☑			t	t	t		☑
macaroni cheese		☑					☑			t	t	t		
goats cheese pitta bread		☑					☑			☑	t	t		t
fish & chips		☑		☑	☑		☑							
desserts														
coconut parfait							☑			t	t	t		
chocolate mousse		☑		☑			☑			t	t	t		
passion fruit delice		☑		☑			☑			t	t	t		
lemon curd		☑		☑			☑			t	t	t		
rhubarb meringue pie		☑		☑			☑			t	t	t		
peanut butter panna cotta		☑		☑			☑			☑	☑	t		
bread & butter pudding		☑		☑			☑			t	t	t		
ice creams & sorbets							☑			t	t	t		
kids menu														
focaccia bread		☑					☑			t	t	t		
macaroni cheese		☑		☑			☑			t	t	t		☑
steak frites										t	t	t		☑
burger		☑		☑			☑			t	t	t		☑
fish & chips		☑		☑	☑		☑			t	t	t		☑
roast chicken														
kids sundae		☑		☑			☑							
kids ice cream & sorbets							☑							

☑ in dish

t trace amounts