





























The Adamson Allergen Reference Menu Spring 2018

	celery	gluten	crusta- ceans	eggs	fish	lupin	milk	mollusc	mustard	nuts	peanuts	sesame seeds	soya	sulfur dioxide
														
main menu														
nibbles														
mini baked loaf		☒					☒			t	t	t		
olives														
smoked almonds										☒	t	t		
starters														
rock oysters								☒						☒
soup	☒	t				t	☒		t	t	t	t		
courgette spaghetti													☒	
pearl barley risotto				t			☒							☒
avocado & pomegranate salad							☒			☒				
mussels			☒	t		t	☒							☒
squid					☒									t
scallops							☒	☒		☒	t	t		☒
pork	t						☒							
grill														
vegan burger										t	t	t		☒
burger		☒		☒		t	☒		☒	t	t	t		☒
flat iron				béarnaise										t
ribeye				béarnaise										t
sirloin				béarnaise										t
fillet				béarnaise										t
chateaubriand				béarnaise										t
sunday roast		t		t			t			t	t	t		t
mains														
chicken	t						☒							t
goat	t	☒		☒			☒			t	t	t		t
chicken & avocado salad							☒			t	t	t		
tortellini		☒								t	t	t		
king prawn & crab	☒	☒	☒	☒	☒		☒							☒
haddock		☒			☒		☒			t	t	t		☒
stone bass					☒		☒							
hake			☒		☒		☒							
sides														
rocket, parmesan & sun blushed tomatoes							☒							t
flat cap garlic mushrooms							☒							
green beans & red onions							☒							
broccoli mange tout, chilli & ginger							☒							
onion rings, truffle & parsley		☒												☒
macaroni cheese		☒		☒			☒			t	t	t		
new potatoes							☒							
truffle fries							☒							
hand cut chips														
skinny fries														

☒ in dish

t trace amounts

The Adamson Allergen Reference Menu Spring 2018

	celery	gluten	crusta- ceans	eggs	fish	lupin	milk	mollusc	mustard	nuts	peanuts	sesame seeds	soya	sulfur dioxide
														
daily menu														
soup	☑	t				t	☑		t	t	t	t		t
rocket & parmesan														
calamari		☑		☑	☑		☑	☑						
hummus		t				t			t	☑		☑		
steak sandwich		t		☑		t	☑		t	t	t	t		
mussels		☑					☑	☑	t	t	t	t		☑
smoked salmon & avocado		☑			☑				t	t	t	t		
macaroni cheese		☑		☑			☑		t	t	t	t		
goats cheese pitta bread		☑		☑		t	☑		t	t	t	t		
avocado & pomegranate salad							☑			☑	t	t		
desserts														
crème brûlée		t		☑			☑			t	t	t		☑
fondant		☑		☑			☑			t	t	t		
lemon meringue pie		☑		☑			☑			t	t	t		
sticky toffee pudding		☑		☑			☑			t	t	t		
panna cotta										☑	t	t		
ganache		☑		☑			☑			t	t	t		
ice cream and sorbets							☑			t	t	t		
brunch														
eggs benedict		☑		☑			☑			t	t	t	☑	
eggs florentine		☑		☑			☑			t	t	☑	☑	
eggs royale		☑		☑	☑		☑			t	t	t	☑	
avocado & spinach										t	t	t		
french toast		☑		☑			☑			t	t	t		
kids menu														
focaccia bread		☑		☑		t	☑			t	t	t		
macaroni cheese		☑		☑			☑			t	t	t		
steak frites														t
burger		☑		☑		t	☑			t	t	t		t
mixed salad														
fish & chips		☑			☑					t	t	t		t

☑ in dish

t trace amounts