

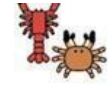


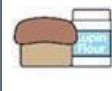
























The Adamson Spring Allergen Reference Menu

	celery	gluten	crustaceans	eggs	fish	lupin	milk	mollusc	mustard	nuts	peanuts	sesame seeds	soya	sulfur dioxide
														
main menu														
nibbles														
baked loaf	t	✓				t			t	t	t	t		
gordal olives														
smoked almonds (n) (ve/gf)														
starters														
rock oysters (gf)								✓						✓
soup (v)														
artichoke (ve/gf)									t	t	t	✓		
truffle panisse (ve/gf/n)														
goats cheese (v)		✓					✓		t	t	t	t		
mussels							✓		✓					✓
east neuk crab			✓				✓							
scallops	t						✓		✓					
grill														
chateaubriand														
fillet														
sirloin														
ribeye														
steak frites														
mains														
pea & mint risotto (v)		✓					✓							✓
avocado & beetroot salad (ve/n/gf)									t					
+ piri piri chicken														
the green burger (ve)		✓							t	t	t	t		
the adamson burger		✓		✓		t	✓		t	t	t	t		
king prawn & crab		✓	✓				✓		t	t	t	t		✓
salmon (gf)					✓									
halibut (n)		✓	✓		✓		✓		t	✓	t	t		
chicken (gf)							✓							✓
shoulder of lamb	✓						✓							

T - trace amounts















The Adamson Allergen Reference Menu Spring 2020

	celery	gluten	crustaceans	eggs	fish	lupin	milk	mollusc	mustard	nuts	peanuts	sesame seeds	soya	sulfur dioxide
														
sides														
rocket & parmesan (v/gf)														
broccoli & almonds (n/ve/gf)										✓	t	t		
truffle & parmesan fries (v)		t								t	t	t		
sweet potato fries (ve)		t								t	t	t		
hand cut chips (ve)		t								t	t	t		
onion rings (ve)		✓								t	t	t		
macaroni cheese (v)		✓		✓			✓			t	t	t		
green beans & shallots (ve/gf)														
sauces														
red wine														✓
béarnaise				✓			✓							
peppercorn														✓
garlic butter							✓							
desserts														
salted caramel panacotta		✓					✓							✓
sticky toffee pudding (v)		✓		✓			✓		t	t	t	t		
dark chocolate pave														
cheesecake		✓		✓			✓		t	t	t	t		
ice cream & sorbets (v/gf)				✓			✓							
brownie (ve)		✓							t	t	t	t		
kids menu														
crudités		✓												
burger		✓		✓			✓		t	t	t	t		
meatballs		✓		✓			✓		t	t	t	t		
fish and chips														
mac & cheese														
pizza		✓		✓			✓		t	t	t	t		
ice cream & sorbet				✓			✓							
the adamson sundae				✓			✓							
lego jelly														

✓ - in dish

T - trace amounts

The Adamson Allergen Reference Menu Spring 2020

	celery	gluten	crustaceans	eggs	fish	lupin	milk	mollusc	mustard	nuts	peanuts	sesame seeds	soya	sulfur dioxide
														
lunch menu														
soup (v)														
calamari		✓					✓							
mussels							✓	✓						
goats cheese (v)		✓					✓							
parma ham (gf)														
steak sandwich		✓							t	t	t	t		
chicken, bacon & leek							✓							✓
mac & cheese (v)		✓		✓			✓		t	t	t	t		
avocado & beetroot salad (ve/gf/n)														
+ chicken														
fish & chips		✓												
the adamson burger		✓		✓			✓		t	t	t	t		
sticky toffee pudding (v)		✓		✓			✓		t	t	t	t		
salted caramel panacotta		✓					✓							✓
Brownie (ve)		✓							t	t	t	t		
ice cream & sorbets (v/gf)				✓			✓							

T - trace amounts